

Using Your Health Insurance



Your insurance card has a lot of important information on it including your I.D. number, the type of plan you are enrolled in, your co-pay amounts if you have any, and your doctor or provider's contact information.

You will need your insurance card when you go to visit the doctor's office, a lab for a medical test, a drug store or pharmacy to get a prescription filled, or a hospital.





Harold uses information on his insurance card to find the website for his insurance provider. On the home page, Harold sees a link to find a doctor. Would you help out Harold, and click on Find a Doctor?

Return to My Health Insurance		5etting
Ø Your Location Atlanta, GA	Your Plan Select a plan > You must select a plan to search	
Solect a rategory	Ľ2	٩
Find Immediate Medical Care Nake an informed choice based on symptoms, convenience and cost. Learn more about your options here. Search for Immediate Medical Care	di di seconda di second	
Locate Doctors Worldwide Visit Global® Core to locate healthcare providers outside of the U.S. Search fue Dectors	B	
Shop for Health Insurance Request a quote from your local company by calling 1-889-630-	<u>}</u>	

Good job! From here, Harold can fill out his location information ...





and select his insurance plan.

Your Location Atlanta, GA	▷ Your Plan PPO Basic >	
1-10 of 870 results within 25 miles of Atlanta, G	A for PPO Basic	
Redo search when map	Armstrong, Chandra B, MD	
	Family Medicine	
+ arid of Coco-Cola	→ ★ ★ ★ ☆ (3) 67% recommended	
-		
	Atlanta, GA 30334	
	0.1 miles Get directions More locations	
Atlan	(404) 289 4558	
· · · · · · · · · · · · · · · · · · ·	Call for Office Hours	
t l	Accepting new patients	
	Not wheelchair accessible	
	Sequence Quality Reports	
SUMMERHI		
Why.are.matkers.missing?		
Refine your results		
Miles from starting point		
	Richardson, Tommie M, MD	
1 5 25 50 100 150	3	
Languages Spoken by Provider	Addiction Medicine (Internal Medicine), Family Medicine, Psychiatry	
Spanish (159)		
Amharic (1) Co	mpare 159 Forsyth St SW Atlanta, GA 30303	
Arabic (14)	0.3 miles Get directions	
Bengali (2)	More locations	
Bosnian (1)	Call for Office Hours	

As he goes through the results, Harold will make sure he finds a doctor within his insurance network. If you go to a doctor who is "out of network", you may have to pay more – or all of – the doctor's bill on your own.





Before you schedule an appointment with your doctor, feel free to ask about their experience with patients with disabilities, LGBTQ people, and people of different ethnic or racial groups. If you have any problems, call your health plan using their contact information on your ID card.



AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA
If I need medication, how much do I take and when do I take it?
what are the side- effects?
Is generic available?

Harold has successfully scheduled a checkup appointment as a new patient with a doctor. He writes down a few questions to ask his doctor during his visit:

- 1) How is my health? What can I do to stay healthy?
- 2) What do I do next? Do I need any tests? If so, for what?
- 3) If I have an illness or chronic condition, what are my treatment options? What will happen if I don't treat it?
- 4) If I need medication, how much do I take and when do I take it? What are the side-effects? Is generic available?





These are important steps in everyone's health journey. In the next lesson, we'll look at some ways to take follow up action. Click on the green button to end this lesson.

